



## Homi Bhabha National Institute

Regd. Office: Training School Complex, 2nd Floor, Anushaktinagar, Mumbai 400 094  
Tel: 022-25597637

Ref.: HBNI/Yoga/2020/716

June 20, 2022

Subject : 8<sup>th</sup> International Day of Yoga on 21.06.2022 (Tuesday).

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8<sup>th</sup> International Yoga Day will be celebrated on 21.06.2022 as per the guidelines issued by the All-India Council for Technical Education, New Delhi.

2. On this occasion, HBNI alongwith HRDD have organized a yoga session on 21.06.2022 (Tuesday) at 0730 hours to 0830 hours at Multipurpose Hall/Sports Hall of Training School Hostel, Anushaktinagar, Mumbai.

3. The programme will be beneficial in understanding the importance of yoga for a healthy life. All are requested to carry yoga mats, if possible.

4. All are invited to attend the programme.

*Bharati Suvarna*  
20/06/2022

(Bharati Suvarna)  
Administrative Officer - III

1. Head, HRDD - with a request to encourage officers/staff/TSOs at HRDD to attend the programme.
2. All officers/staff/employees in HBNI.